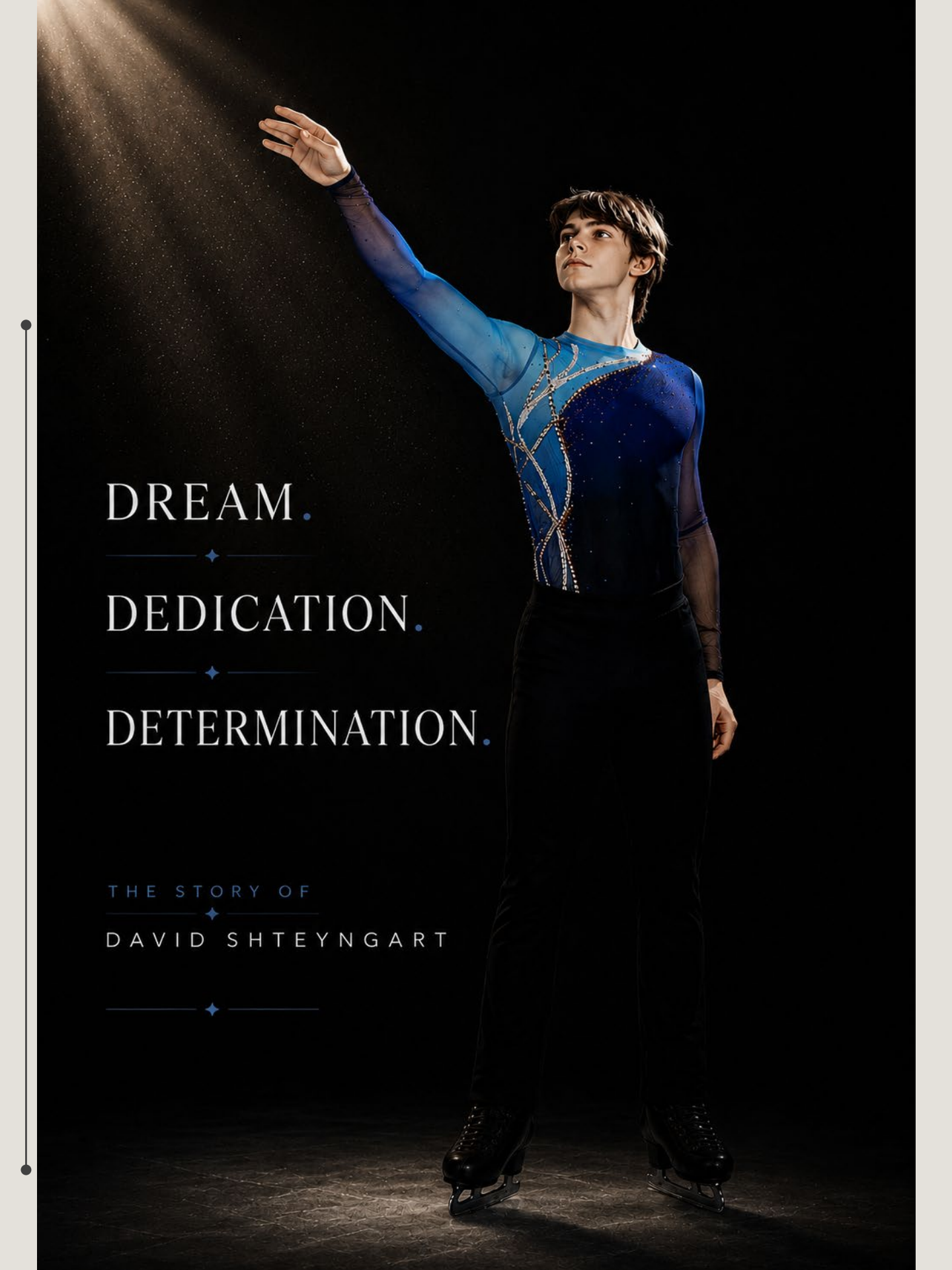




DREAM.

— ◆ —

DEDICATION.

— ◆ —

DETERMINATION.

THE STORY OF

— ◆ —

DAVID SHTEYNGART

— ◆ —

*“I’m just an ordinary boy
who loves to skate.”*

— DAVID SHTEYNGART





DAVID S H T E Y N G A R T



 **NAME:** David Shteyngart

 **COUNTRY:** Canada 

 **HOMETOWN:** Ottawa, ON

 **SKATING CLUB:** Gloucester Skating Club

 **HEAD COACH:** Darlene Joseph

 **STARTED SKATING:** 4yo

CAREER ACHIEVEMENTS

- **2016** • Easter Ontario Champion – Pre-juvenile
 - Ontario Super Series Champion – Juvenile
 - **2017** • Provincial Juvenile Silver medallist
 - **2018** • Minto Summer Skate – Pre-Novice, 1st place
 - **2020** • Canadian Tire Championship – Novice, 15th
 - **2021-2022** Ontario Provincial Champion, Skate Canada Challenge Champion, Canadian Tire National Champion – Novice
 - **2021** • Ottawa Sport award – Athlete of the year
 - **2022** • Spring Cup, Egna, Italy – Junior Men – 5th place
 - Taller Cranston award
 - Skate Ontario Skater of the year
 - NextGen – 3rd place
 - Junior Grand-Prix, Riga, Latvia – 14th place
 - Ontario Champion – Junior Men
 - Ottawa Sport award – Athlete of the year
- **2023** • Skate Canada Challenge – Junior Men, 5th place
 - Skate Canada National Championship – 6th place
 - Lake Placid Skating Competition – Junior Men, 1st place
 - Junior Grand-Prix, Osaka, Japan – 13th place
 - Ottawa Sport award – Athlete of the year
 - **2024** • Skate Canada Challenge – Junior Men, 1st place
 - Skate Canada National Championship – Junior Men, 3rd place
 - Ontario Provincial Championship – Junior Men, 2nd place
 - Ottawa Sport award – Athlete of the year
 - **2025** • Skate Canada Challenge – Junior Men, 3rd place
 - Skate Canada National Championship – Junior Men, 7th place
 - Ontario Provincial Championship – Senior Men, 2nd place
 - **2026** • Skate Canada Challenge – Senior Men, 10th place
 - Skate Canada National Championship – Senior Men, 13th place
 - Lake Placid Skating Competition – Senior Men, 2nd place

NOW COMPETING IN



SINGLES
SENIOR LEVEL



PAIRS
NOVICE LEVEL

Hi,

"Hi, I'm David, and I'm a figure skater."

Those were the exact words I used to start every school year whenever teachers asked us to introduce ourselves.

Figure skating has never been just an activity for me. It's part of who I am. It's my passion. The ice is my happy place.

One of my coaches once told me that her favourite thing about me is that I smile every time I step onto the ice. She says she can tell I genuinely love this sport. My dad puts it differently: when he watches me skate, he says it looks like skating is my way of breathing.

Figure skating is one of the most demanding sports in the world. It combines artistry with incredibly difficult technical elements, and every tiny improvement is earned.

When I was little, I used to ask Santa Claus to make me jump higher. Unfortunately, Santa wasn't a very good jump coach.

So, I followed my mom's advice instead.

I started working on my flexibility, posture, and core strength. Little by little, things started clicking. I moved quickly through the competitive levels, and at the age of twelve I qualified for Team Ontario and competed at my first National Challenge.

When I moved up to Novice, I was fortunate to begin training with Darlene Joseph. She is an incredible coach, and over the years my trust and respect for her have only continued to grow.

Our journey together wasn't always easy or straightforward.

Darlene helped me overcome fears I didn't even realize I had, taught me to believe in myself, and pushed me to become the strongest version of myself—both as a skater and as a person.



A few months after we started working together, I finally landed my double Axel. For every figure skater, that's a huge milestone.

Then, almost immediately afterward, every rink in Ontario shut down because of COVID.

It felt like someone had taken away a part of my life.

I was devastated. More than anything, I was terrified of losing everything I had worked so hard to build.

Since I couldn't train on the ice, I decided I would outwork the situation.

I trained six to eight hours a day, every day.

While everyone else was filling shopping carts with toilet paper, my family was buying a treadmill, plyometric boxes, hurdles, resistance bands, and ankle weights.

I joined countless Zoom classes for jumping technique, ballet, dance, strength training, stretching—if it existed, I probably signed up for it.

From early morning until evening, every day had one goal: to come back stronger than I had left.

By then I had all my triple jumps, and suddenly the podium didn't seem so far away anymore.

In 2021, I won the National Challenge.

Just three months later, I became Canadian Novice Champion.

Soon after, I received my first international assignment representing Canada.



From 2022 to 2025, I was proud to be a member of Skate Canada's NextGen Team. During those years I represented Canada internationally and had the privilege of standing on both national and provincial podiums multiple times. Today I am preparing for my second Senior season as a singles skater.

At the same time, I've started an exciting new chapter in pairs skating.

My partner and I are both ambitious, hardworking, and determined. We believe we have the potential to compete not only at the highest level in Canada but internationally as well.

We're just getting started, and I can't wait to show what we're capable of.

If figure skating has taught me anything, it's that talent is only the beginning.

Hard work.
Patience.
Resilience.

Those are what truly make success possible.

Unfortunately, there's another reality every competitive athlete knows all too well.

Dreams are expensive.

Every time I step onto the ice, I need equipment that costs thousands of dollars. Boots wear out. Blades need replacing. Ice time, coaching, choreography, off-ice training, competitions, travel—the list never really ends.

My parents have sacrificed an incredible amount to help me chase this dream.

I work as much as I can myself, and every dollar I earn goes right back into skating.

But I also know that talent and hard work alone aren't always enough.

Without financial support, continuing to compete—and reaching my full potential—becomes increasingly difficult. I'm incredibly proud of everything I've achieved so far.

And I truly believe my best skating is still ahead of me.



David's skating journey began with an Interpretive program to **"People Are Strange"** by *The Doors*. He was tiny, barely making it around the rink before the music ended, but something remarkable happened. He completely became the character. Every movement had intention, every expression told the story. The judges remembered him. He won.

That performance revealed something that would become David's trademark throughout his career.



While jumps and spins can be taught, genuine musicality cannot. David has an exceptional ability to connect movement with music. Every edge, every transition, every gesture has meaning. He doesn't simply skate to the music—he skates *through* it, allowing the audience to feel the story rather than just watch a program.

When David made his National Championship debut, the very first words from the commentator were:

"He is unique."

Those words have followed him ever since.

Although known for his competitive results, David also loves performing in exhibitions and gala shows. But, true to his personality, he has never believed that a show is an excuse to take the easy route.

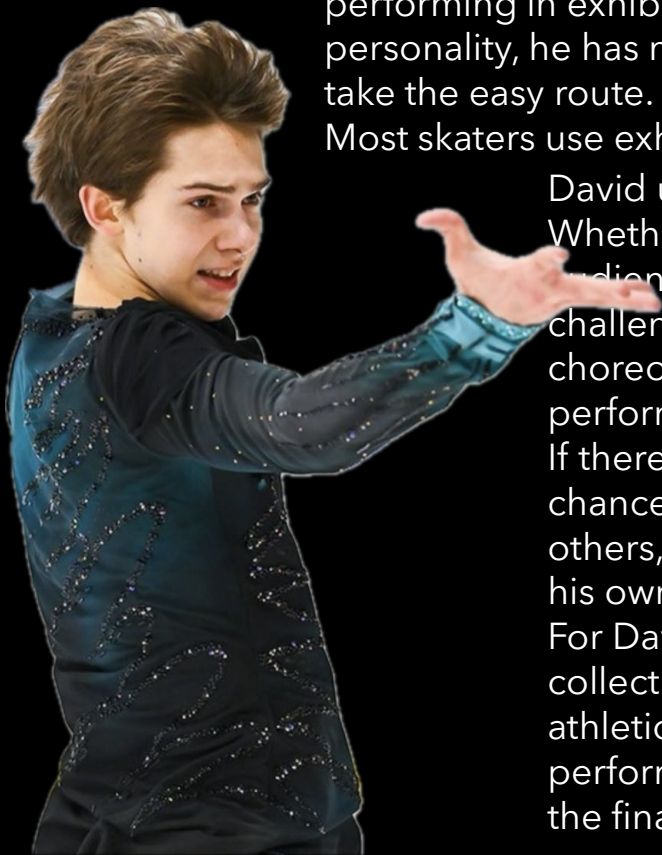
Most skaters use exhibitions to relax and entertain.

David uses them to challenge himself.

Whether skating in front of judges or an audience, he includes difficult jumps, challenging spins, and demanding choreography because, for him, every performance deserves his very best.

If there is a harder way to do something, chances are David will choose it—not to impress others, but because he genuinely loves pushing his own limits.

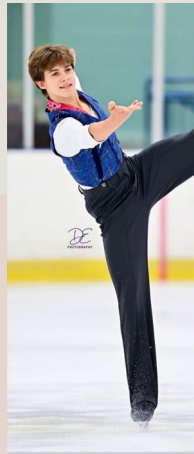
For David, figure skating has never been about collecting medals alone. It is about combining athletic excellence with storytelling and creating performances that people remember long after the final pose.



I invite you to watch some of my performances



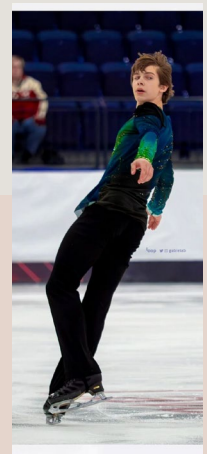
**Short
program
2024-2027**



**Short
program
2022-2024**



**Long
program
2025-2027**



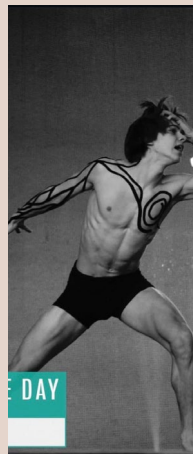
**Long
program
2023-2025**



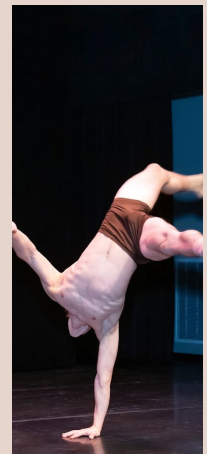
**Show
program**



**Show
program**



Dance solo



Dance solo

THANK YOU

FOR BELIEVING IN

the Journey



Every day on the ice is a step toward becoming the best version of myself.

With dedication, passion and the support of incredible partners, I will continue to chase my dreams and represent Canada with pride.

Let's build the future together.
David



DREAM. DEDICATION. DETERMINATION.

THIS IS JUST THE BEGINNING.

LET'S CONNECT



davidshteyngart@gmail.com



[@david.shteyngart](https://www.instagram.com/david.shteyngart)



www.team-millie-david.com



I am always looking for partners who share the same values of excellence, commitment and making a positive impact.

Thank you for being part of this journey.

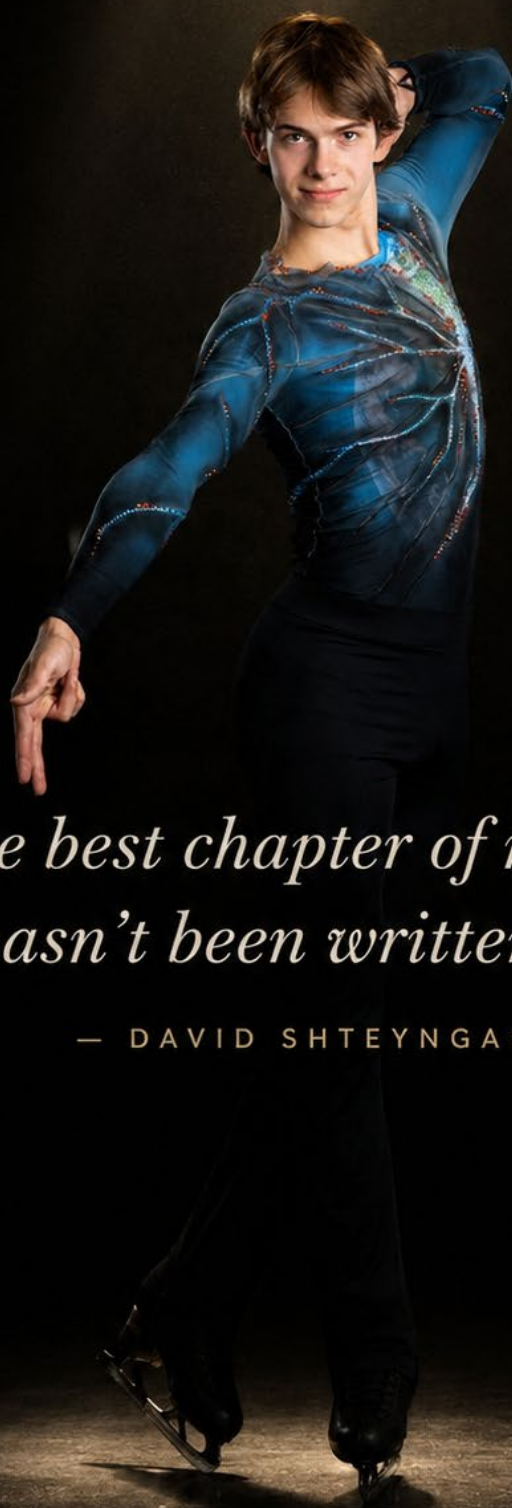


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*“The best chapter of my story
hasn’t been written yet.”*

— DAVID SHTEYNGART